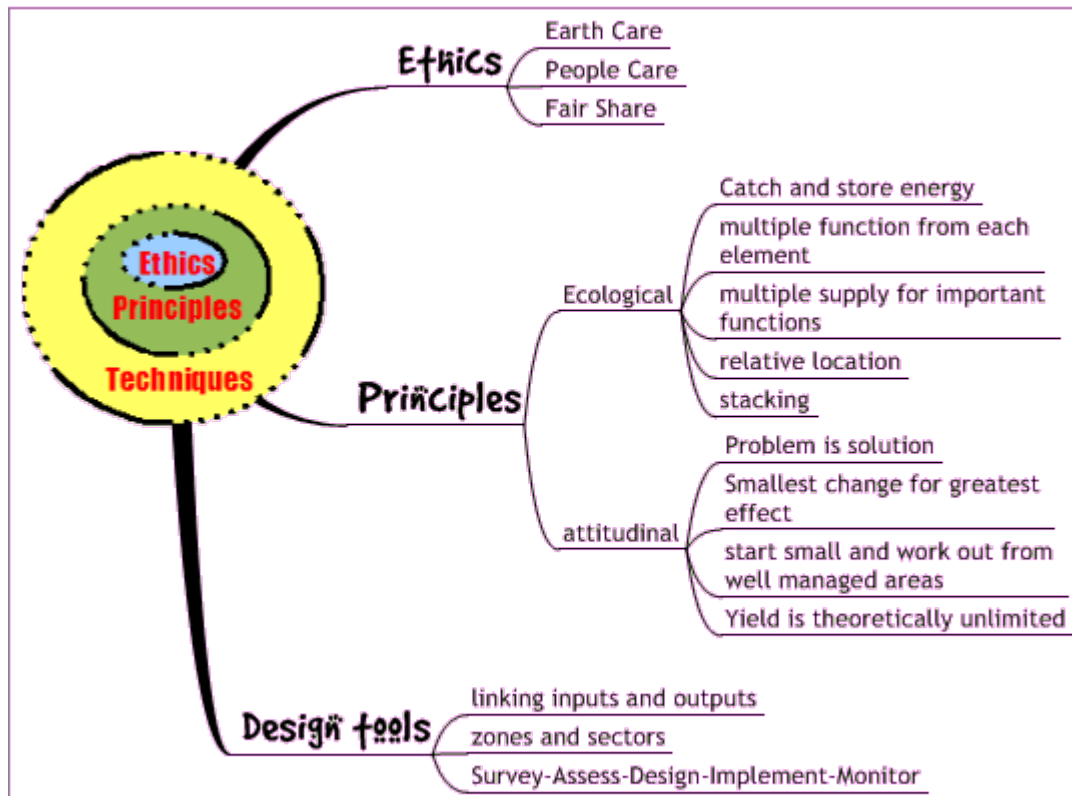


Introduction to Permaculture Course May 2007



Easy ways to apply permaculture to your life right away:

Do an eco-footprint - <http://myfootprint.org/>, or visit the carbon gym at www.cat.org.uk

Buy/grow more local, organic, vegetarian, unprocessed food.

Switch to a green electric tariff.

Put bricks in your toilet cisterns and flush the loo less often.

To maximise ease and effectiveness, prioritise changes to your life in this order - Transport, Household energy, Food system, Purchasing choices, water, Solid waste.

Contacts and possibilities for further learning:

Join the Permaculture Association - <http://www.permaculture.org.uk/> 0845 4581805

Subscribe to Permaculture Magazine - www.permaculture.co.uk

Go on a Permaculture Design Course - see the Association website - i am running one at Steward Wood in August 2007 as well, visit the Steward Wood website for more details.

Go WWOOFing to visit interesting farms, smallholdings and communities for free.

Come to my Permaculture Diploma Accreditation event on May 26th peter@stewardwood.org, www.livingincircles.com 07813 896351

Transition Towns - <http://transitiontowns.org/>

Get involved with Ashburton Futures local group. Call Lorna on 01364 652524

Steward Community Woodland - www.stewardwood.org, 01647 440233

Bovey Climate Action - boveyclimateaction.org.uk (BCA waste watchers - 0845 478 6311)